

# Diabetic Medications During Your Colonoscopy Prep

Underlined drugs are the most commonly used.

Medication (Brand Name)	3 Days Before Procedure	2 Days Before Procedure	Day Before Procedure	Day of Procedure
<b>Biguanides:</b> <u>Glucophage</u> , <u>Glumetza</u>	Take	Take	Don't take	Don't take
<b>GLP-1 Agonists (Tablets AND Injections):</b> Adyline, Byetta, Bydureon, Ozempic, Rybelsus, Saxenda, Trulicity, Victoza.	<b>Stop both tablets and injections for at least 1 WEEK before your procedure.</b>			
<b>DDP-4 Inhibitors:</b> <u>Januvia</u> , Nesina, <u>Onglyza</u> , Trajenta	Take	Take	Take	Don't take
<b>SGLT-2 Inhibitors:</b> Forxiga, Invokana, <u>Jardiance</u>	Don't take	Don't take	Don't take	Don't take
<b>Sulfonylureas:</b> Amaryl, Diabeta, <u>Diamicron</u> , Diamicron MR	Take	Take	Don't take	Don't take
<b>Meglitinides:</b> Gluconorm, Starlix	Take	Take	Don't take	Don't take
<b>Insulins:</b> Admelog, Apidra, Entuzity, Fiasp, Humalog, Humulin R, Novolin ge Toronto, Novorapid, Trurapi	Take	Take	If taking fixed dose, take <b>half</b> of usual dose once on clear liquid diet. If insulin dosing is based on insulin to carbohydrate ratio, continue typical rapid-acting insulin dosing.	Don't take

Note: These recommendations were taken from the Journal of the Canadian Association of Gastroenterology. You may use them as guidelines but they should not replace any specific instructions given to you by your family doctor or endoscopist.

# Diabetic Medications During Your Gastroscopy Prep

**Oral Hypoglycemic Medications:** Hold the day before and the day of the procedure. You may take them after your procedure is over.

**Insulin:** Take half your usual dose for the day before and day of the procedure.

**GLP-1 Agonists:** Stop tablets and injections for at least 1 week before your procedure. This is in order to reduce the risk of food aspiration during your procedure.

- **On the day before your procedure:** After a small breakfast, you must avoid all solid food. You can still consume any kind of liquids such as milk, broth, coffee. The liquids do not need to be clear.
- **On the day of your procedure:** After 12AM, avoid eating or drinking anything until after your procedure. If you need to take medications in the morning, you can take it with a small sip of water at least 3 hours before your procedure. The earlier the better.